

Dental Disease May Influence General Health

By K.H. SUTHERLAND, M.D.
County Health Officer

Dental disease is so prevalent in the population of this country that it seemingly afflicts just about everyone who isn't completely toothless. If one is to judge from official reports on the national status of dental health. While bad enough in itself, considering the possible pain or disfiguring cosmetic effects, dental disease may also unfavorably influence the general health. For this reason, if no other, infections of the teeth and mouth should be treated just as promptly and as thoroughly as infections elsewhere in the body.

Tooth decay is the dental ill that plagues the young, but after 35 or 40 years of age the individual becomes increasingly subject to periodontal diseases, which attack the gum tissues (periodontium) that hold the root of the tooth in the bone socket.

THESE DISEASES, which include gingivitis, pyorrhea, and Vincent's infection, do not usually afflict people in the first decades of life, although, to be sure, they sometimes occur as early as puberty in susceptible persons. The prevalence and severity of these diseases seems to increase with age and are the cause of much distress in later life. It is a fact well known to dentists that after age 35, more teeth are lost because of gum diseases than because of caries.

Surveys made by the American Dental Assn. several years ago revealed that the periodontium exhibited some signs of disease in nearly every adult examined, and evidence of gross and extensive tissue destruction was present in about half of those persons still retaining some teeth at the age of 50. This situation would also seem to indicate a tremendous loss of chewing power and a none-too-comfortable outlook for many digestive systems. This could, in time, exert a destructive influence on bodily well-being.

MORE OFTEN than not, local factors seems to be responsible for the start of tooth decay and gum disease, and the chief of these is probably poor oral hygiene. Even though proper brushing of the teeth and gums is perhaps the chief agent in the prevention of tooth and mouth disorders, the toothbrushing habits of a great many people are truly deplorable, while brushing of the gums is apparently something in the nature of a rarity. The result is an abundance of what dentists call "dirty mouths," a condition which may, and often does, lead to the unnecessary loss of good sound teeth.

However, no amount of personal mouth hygiene, by itself, is sufficient to insure oral health. A well-balanced diet is just as essential to keep the gums healthy as it is to keep the entire body in a good functioning condition. Sweets, particularly in youth, should be restricted, and the teeth and mouth cleansed, either by brushing or by rinsing with water, after such foods are eaten.

OVER AND ABOVE these things, regular visits to the dentist are required. Deep scaling and polishing, checking for the presence of over-crowding or malocclusion of the teeth, and the alteration of badly fitting dental restorations, are but a few of the things that are done in the dentist's office. All of them are important to good mouth health.

While some few and fortunate individuals have a natural high resistance to dental caries, due in part to heredity it is thought, they are still not immune to gum diseases in their later years. They are,

however, less likely to develop such disorders than are those persons with badly decayed teeth.

IN THE absence of systemic disorders and providing an adequate dietary regime is followed, good mouth care will prevent tooth decay at all ages and periodontal disease later in life. It may take a little effort to make teeth last longer, but it is well worth the trouble.

(Public Notice)

TH-1360
7427
NOTICE OF APPLICATION FOR POLICE PERMIT
Notice is hereby given that application has been made to the Board of Police Commissioners for a permit to conduct a DANCE HALL.
NAME OF APPLICANT: LOUISE CALVALVA O. COLE
DOING BUSINESS AS: CARAVAN
LOCATED AT: 2206 S. WESTERN AVE., TORRANCE
Any person desiring to protest the issuance of this permit shall make a written protest before Feb. 27, 1963 to the
LOS ANGELES POLICE COMMISSION
150 North Los Angeles Street
Los Angeles 12, California
Upon receipt of written protests, protesting persons will be notified of date, time and place for hearing.
BOARD OF POLICE COMMISSIONERS
S-Feb. 10, 17, 24, 1963

TH-1356
7427
CERTIFICATE OF BUSINESS, FICTITIOUS NAME
The undersigned do hereby certify that he is conducting a business at 1022 South Pacific Coast Highway, Redondo Beach, California, under the fictitious name of the following persons:
ROBERT L. HAAS
State of California, Los Angeles County
On February 5, 1963, before me, a Notary Public in and for said State, personally appeared Robert L. Haas known to me to be the person whose name is subscribed to the within instrument and acknowledged that he executed the same.
MARILICE B. KIBBE, Notary Public
My Commission Expires Aug. 23, 1964
S-Feb. 10, 17, 24, Mar. 3, 1963.

TH-1361
7427
NOTICE TO BIDDERS
Notice is hereby given that the Board of Education, Torrance Unified School District, hereinafter called the District, will receive sealed proposals until 3:00 P.M. February 15, 1963 for the installation of bleacher seating at the Torrance High School Athletic Field, 2125 Lincoln, Torrance, California.
Each bid will be in accordance with the specifications and other contract documents prepared by the District.
Each bid shall be made out on the forms furnished by the District and must be accompanied by a certified or cashier's check or bid bond for not less than five percent (5%) of the amount of bid, made payable to the District.
The check or bid bond shall be given as a guarantee that the bidder will enter into contract if awarded the work or any part thereof and will be declared forfeited if the successful bidder refuses to enter into contract after being requested to do so by the District.
Each bid shall be sealed and filed with the office of New Construction on or before the time and date shown above. Bids will be opened and read in public in the office of New Construction located at 2235 Plaza del Amo, Torrance, California.
It shall be mandatory upon the Contractor when the contract is awarded and upon all subcontractors under him to pay not less than the prevailing wage scale in accordance with the provisions of the California Labor Code, to all workmen employed in the execution of this contract.
The successful bidder will be required to furnish a Labor and Material Bond in the amount equal to 100% of the contract price and a Faithful Performance Bond in an amount equal to 100% of the contract price. Said bonds shall be secured from surety companies satisfactory to the District.
The District reserves the right to reject any or all bids or to waive any irregularity in any bid and to determine the lowest responsible bid.
No bidder may withdraw his bid, check or bid bond for a period of sixty (60) days after the date set for the opening thereof.
TORRANCE UNIFIED SCHOOL DISTRICT
By S. E. Waldrip,
Asst. Sup't. Business
Dated: February 8, 1963, Torrance California.
Subscribed and sworn to before me this sixth day of February, 1963.
FRANK J. SMITH
Notary Public in and for the County of Los Angeles, State of California.
My Commission expires Mar. 27, 1964.
S-Feb. 10, 17, 1963

TH-1311
7427
CERTIFICATE OF BUSINESS, FICTITIOUS NAME
The undersigned do hereby certify that he is conducting a business at 21625 S. Avalon Blvd., Torrance, California, under the fictitious name of Carl's Complete Radiator Service and the following persons, whose names in full and places of residence are as follows:
H. A. Weimer, Sr., 426 N. York, Hawthorne, California
Eleanor E. Weimer, 426 N. York, Hawthorne, California
Dated January 15, 1963.
H. A. WEIMER, SR.
ELEANOR E. WEIMER
State of California, Los Angeles County
On January 15, 1963, before me, a Notary Public in and for said State, personally appeared H. A. Weimer, Sr. and Eleanor E. Weimer known to me to be the persons whose names are subscribed to the within instrument and acknowledged they executed the same.
MARILICE B. KIBBE, Notary Public
My Commission Expires Aug. 23, 1964
S-Jan. 20, 27, Feb. 3, 10, 1963.

TH-1337
6791
NOTICE OF HEARING OF PETITION FOR PROBATE OF WILL
No. 461 802
In the Superior Court of the State of California, in and for the County of Los Angeles.
In the Matter of the Estate of ADRIENNE F. WILSON, aka ADRIENNE WILSON Deceased.
Notice is hereby given that the petition of Robert D. Wilson for the Probate of the Will of the above-named deceased, and for the issuance of Letters Testamentary thereon, is hereby made for further particulars, will be heard at 3:15 o'clock A.M. on Feb. 23, 1963, at the court room of Department 4, of the superior Court of the State of California, in and for the County of Los Angeles, City of Los Angeles.
Dated Jan. 22, 1963.
WILLIAM G. STIARP,
County Clerk and Clerk of the Superior Court of the State of California, in and for the County of Los Angeles.
By R. Kobayashi, Deputy
Boris S. Woolley and Albert Isen
2271 Torrance Blvd., Torrance, Calif. (Ph. FA 8-7888)
Attorneys for Petitioner.
S-Feb. 3, 7, 10, 1963.

(Public Notice)

TH-1362
7449
NOTICE TO CREDITORS
No. 464-075
In the Superior Court of the State of California, in and for the County of Los Angeles.
In the Matter of the Estate of LORENA EASSA, aka LORENA NAFY EASSA, and as LORENA N. EASSA, Deceased.
Notice is hereby given to creditors having claims against the said decedent to file said claims in the office of the clerk of the aforesaid court or to present them to the undersigned at the office of Mewborn & Hitchcock, 2211 Torrance Boulevard in the City of Torrance in the aforesaid County, which latter office is the place of business of the undersigned in all matters pertaining to said estate. Such claims with the necessary vouchers must be filed or presented as aforesaid within six months after the first publication of this notice.
Dated Feb. 6, 1963.
BETTY JEAN EASSA
Administratrix with the Will-Annexed of the Estate of said decedent.
Mewborn & Hitchcock
Attorneys
2211 Torrance Boulevard
Torrance, California.
FA 8-3472
S-Feb. 10, 17, 24, Mar. 3, 1963.

(Public Notice)

TH-1363
7427
NOTICE OF PUBLIC HEARINGS
NOTICE IS HEREBY GIVEN that Public Hearings will be held before the Planning Commission at 7:00 P.M. February 20 and March 6, 1963, in the Council Chambers, City Hall, Torrance, on the following matter:
AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF TORRANCE AMENDING SECTION 216 OF THE CITY OF TORRANCE, 1964 (OFFICIAL LAND USE ORDINANCE) RELATING TO CHANGES OF ZONE PROVIDING FOR RECONSIDERATION OF DECISIONS OF THE CITY COUNCIL AND ESTABLISHING THE TIME THAT CHANGES OF ZONE BECOME EFFECTIVE.
All persons interested in the above matter to be presented at the Hearings or to submit their written approval or disapproval to the Planning Department, City Hall, Torrance.
CHARLES M. SHARTLE
Planning Director
S-Feb. 10, 1963

(Public Notice)

TH-1364
7547
IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA IN AND FOR THE COUNTY OF LOS ANGELES
In the Matter of the Application of JACK EDWIN BROWN JR. For Change of Name.
No. 813216
ORDER TO SHOW CAUSE FOR CHANGE OF NAME
The application of JACK EDWIN BROWN JR. for change of name, having been filed in Court, and it appearing from said application that JACK EDWIN BROWN JR. having filed an application proposing that his name be changed to JACK HIRAM DE VERA
Now, therefore, it is hereby ordered and directed, that all persons interested in said matter do appear before this Court in Department 41 on the 26th day of March, 1963, at 9:00 o'clock A.M. for said day to show cause why the application for change of name should not be granted.
It is further ordered that a copy of this Order be published in the Torrance Herald, a newspaper of general circulation, printed in said county, at least once each week for four successive weeks prior to the day of said hearing.
Dated this 7th day of February, 1963.
P. McCOY
Judge of said Superior Court
W. E. Kalfreth
1308 Sartori Ave.
Torrance, California
Attorney for Applicant.
S-Feb. 10, 17, 24, Mar. 3, 1963.

(Public Notice)

TH-1342
6964
NOTICE TO CREDITORS
No. SW P-1517
In the Superior Court of the State of California, in and for the County of Los Angeles.
In the Matter of the Estate of HELEN GRIMES, Deceased.
Notice is hereby given to creditors having claims against the said decedent to file said claims in the office of the clerk of the aforesaid court or to present them to the undersigned at the office of Boris S. Woolley & Albert Isen, 2271 Torrance Boulevard in the City of Torrance in the aforesaid County, which latter office is the place of business of the undersigned in all matters pertaining to said estate. Such claims with the necessary vouchers must be filed or presented as aforesaid within six months after the first publication of this notice.
Dated Jan. 21, 1963.
BORIS S. WOOLLEY & ALBERT ISEN
Executors of the will of said decedent.
Boris S. Woolley & Albert Isen
2271 Torrance Boulevard
Torrance, California.
FA 8-7888
S-Feb. 3, 10, 17, 24, 1963.

(Public Notice)

TH-1314
6964
CERTIFICATE OF BUSINESS, FICTITIOUS NAME
The undersigned do hereby certify that he is conducting a business at 555 West Ninth Street, San Pedro, California, under the fictitious firm name of Harbor Central and that said firm is composed of the following persons, whose names in full and places of residence are as follows:
George D. Blair, 3222 Empty Saddle Road, Rolling Hills, Calif.
Roland J. Worthy, 536 Camino De Encanto, Redondo Beach, Calif.
Dated Jan. 9, 1963.
GEORGE D. BLAIR
ROLAND J. WORTHY
State of California, Los Angeles County
On January 9, 1963, before me, a Notary Public in and for said State, personally appeared George D. Blair, II and Roland J. Worthy, known to me to be the persons whose names are subscribed to the within instrument and acknowledged they executed the same.
Miriam Jean Gibbs,
Notary Public
My Commission Expires Nov. 23, 1965
S-Jan. 20, 27, Feb. 3, 10, 1963.

(Public Notice)

TH-1315
6964
CERTIFICATE OF BUSINESS, FICTITIOUS NAME
The undersigned do hereby certify that he is conducting a business at 24065 Ocean Ave., Torrance, California, under the fictitious firm name of Ocean House and that said firm is composed of the following persons, whose names in full and places of residence are as follows:
Roland J. Worthy, 536 Camino De Encanto, Redondo Beach, Calif.
George D. Blair, 3222 Empty Saddle Road, Rolling Hills, Calif.
Dated Jan. 9, 1963.
GEORGE D. BLAIR
ROLAND J. WORTHY
State of California, Los Angeles County
On January 9, 1963, before me, a Notary Public in and for said State, personally appeared George D. Blair, II and Roland J. Worthy, known to me to be the persons whose names are subscribed to the within instrument and acknowledged they executed the same.
Miriam Jean Gibbs,
Notary Public
My Commission Expires Nov. 23, 1965
S-Jan. 20, 27, Feb. 3, 10, 1963.

(Public Notice)

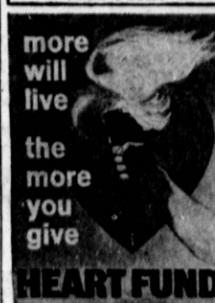
TH-1344
6979
NOTICE TO CREDITORS
No. SW P-1526
In the Superior Court of the State of California, in and for the County of Los Angeles.
In the Matter of the Estate of PAUL BORKOVICH, Deceased.
Notice is hereby given to creditors having claims against the said decedent to file said claims in the office of the clerk of the aforesaid court or to present them to the undersigned at the office of Lessin & Foley, 1409 Cravens Avenue, in the City of Torrance, in the aforesaid County, which latter office is the place of business of the undersigned in all matters pertaining to said estate. Such claims with the necessary vouchers must be filed or presented as aforesaid within six months after the first publication of this notice.
Dated Jan. 31, 1963.
PAUL BORKOVICH
Executor of the will of said decedent.
Lessin & Foley
Attorneys-at-Law
1409 Cravens Avenue
Torrance, California.
FA 8-8867
S-Feb. 3, 10, 17, 24, 1963.



Man with a problem: too many valuable dust catchers. Solution: convert them to cash by finding a willing buyer with a Herald Want Ad. An ad to sell the same number of items shown here costs as little as \$1.65, using 15 words in a result-getting Torrance Herald ad. You can repeat your ad for just 75c in the following issue! Call FAirfax 8-4000 for friendly assistance in placing your ad.

Herald WANT ADS

Heart Fund Campaign's 1963 Poster



HEART FUND

SPECIAL SALE FIBERGLASS

Approximately 15,000 sq. ft.
3 colors to choose from. Lengths — 8' - 9' - 10' - 11' - 12' - 14'

Widths 19" & 20" WHILE IT LASTS 15¢ per sq. ft.

W. M. DARY CO.

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5Pruce 5-1064 Open 8:00 A.M. to 5:00 P.M., Mon. thru Sat. GE 3-0437